

## Unique new event runs the levees April 7

## HT Sports launches Louisiana Run for the Wetlands

HOUMA – While South Louisiana is known for marshes and wetlands, opportunities to experience the environment can be limited... until now! On Sunday, April 7, Terrebonne Economic Development Authority (TEDA) is opening the levee and wildlife-preserve gates in Montegut to runners and walkers who want to take in the scenic wetlands. The Louisiana Run for the Wetlands is the first event in TEDA's HT Sports initiative and features a semi-guided 5K, 10K, half-marathon and bird-watching walk.

Winding through wetlands that comprise one of the most-rapidly eroding estuaries/ecosystems on the earth, participants can learn about the initiatives being undertaken to manage water, preserve and restore the wetlands, and protect the species residing therein. After finishing the route, enjoy the sights, sounds and cultural tastes associated with life in Bayou Country.

The trail route, edging along the 35,000-acre Pointe-aux-Chenes Wildlife Management Area, runs along drainage levees and part of the 72-mile Morganza-to-the-Gulf Hurricane Protection levee system. It offers stunning views of marsh stretches, wetlands terracing projects, coastal vegetation, watermanagement tools like sluice gates and pump stations, and beautiful waterfowl and animals that call one of the rapidly-eroding estuaries home.

This family-friendly event will feature informational booths on local wildlife and cultures, coastal preservation and restoration projects, and water management strategies. Cultural vendors (those showcasing local culture or culturally-tied arts and crafts) are welcome; interested parties should visit <a href="https://www.tpeda.org">www.tpeda.org</a> for a vendor registration form or email ktheriot@tpeda.org.

The Louisiana Run for the Wetlands kicks off at 8 a.m. Sunday, April 7, at Recreation District 6, 104 Dolphin St. in Montegut, after a blessing from nearby Sacred Heart Catholic Church. Come prepared – insect repellent, binoculars, cameras, hats and sunscreen are encouraged.

Funds raised will benefit Restore the Earth, which has a restoration project in Pointe-Aux-Chenes.

For registration and information, visit <a href="http://www.louisianarunforthewetlands.com">http://www.louisianarunforthewetlands.com</a> or <a href="https://www.facebook.com/LouisianaRunForTheWetlands/">https://www.facebook.com/LouisianaRunForTheWetlands/</a>.

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